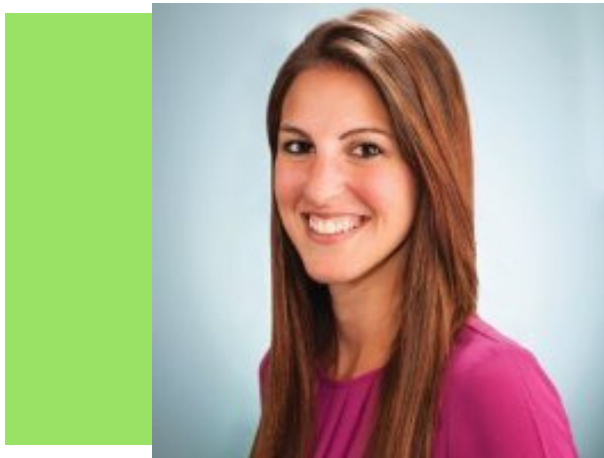




Adulting CAN be Fun: Life Skills 101: Healthy Eating on a Budget

CALL 973-835-7460

TO SIGN UP



WITH: DANIELLE COLOMBO,
REGISTERED DIETICIAN OF
SHOPRITE OF LINCOLN PARK

THURSDAY,
NOVEMBER 16, 2017, 7PM
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Healthy eating IS possible on a budget! Join Danielle Colombo, Registered Dietician of ShopRite of Lincoln Park, as she discusses how you can eat healthy, natural foods **without** breaking the bank.

Ms. Colombo is a graduate of Montclair State University with a Dietetic / Nutrition degree. She is extremely interested in helping people nutritionally and making people realize that everything we put into our bodies matters--physically, mentally and emotionally.