

The Pequannock Township Public Library presents:

**An Orientation to Early Memory Loss
With: Kristine Allen**

**Thursday, May 11th, 7:00 PM
Please call (973) 835-7460 to reserve a seat**



The educational seminar covers the following items:

- Learn the difference between normal and abnormal age-related memory changes.
- Know the ten signs and risk factors, because early detection matters.
- Separate myth from reality and address commonly held fears about Alzheimer's.

Ms. Allen is the Co-Founder and President of Act Now Foundation's Alzheimer's Resource Center of NJ, a not-for-profit 501(c)(3) organization dedicated to raising awareness, educating and supporting families living with Alzheimer's disease. As a public policy advocate, she has co-written two laws on Alzheimer's disease in the State of NJ. She is a founding member of the New Jersey State Caregiver Coalition and Board Chair of the Community Networking Association of New Jersey. Most recently, she has joined the Office of Disability Services Advisory Board Committee.

As a Certified Dementia Practitioner, A Certified Alzheimer's Disease and Dementia Care Trainer, A Certified First Responder Dementia Trainer, and a Certified Cognitive Assessment Screener, Ms. Allen has appeared as a key-note speaker, guest lecturer, and panelist speaker throughout the state of New Jersey as well as appearances on Univision, Telemundo, and NBC News as part of the organizations Alzheimer's Awareness Movement.

The goal of Ms. Allen, Act Now Foundation and the Alzheimer's Resource Center of New Jersey is to reduce the impact of Alzheimer's disease on urban communities and to engage these communities to build supportive, capable, and Alzheimer's educated environments.

**Pequannock Twp. Public Library
477 Newark Pompton Tpke.
Pompton Plains, NJ 07444
(973) 835-7460**